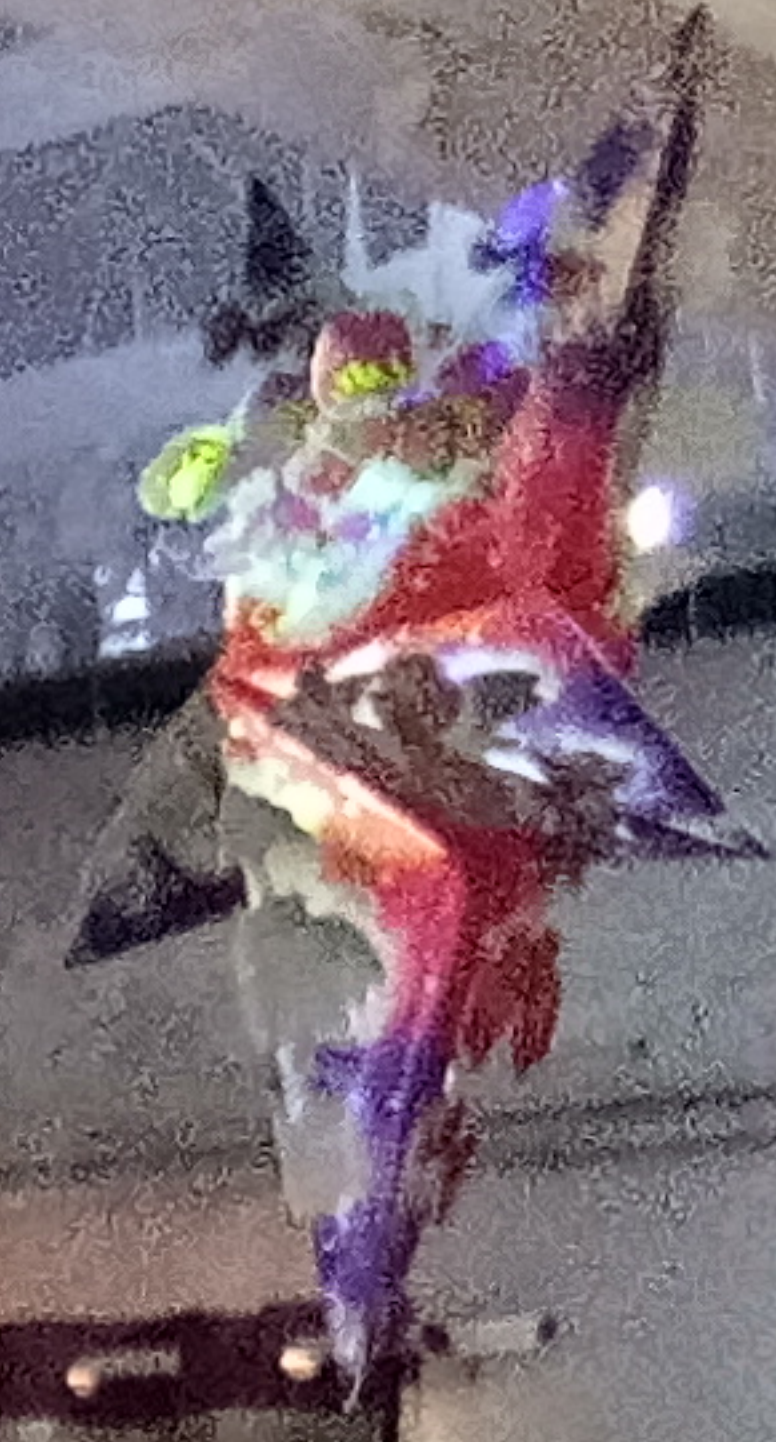
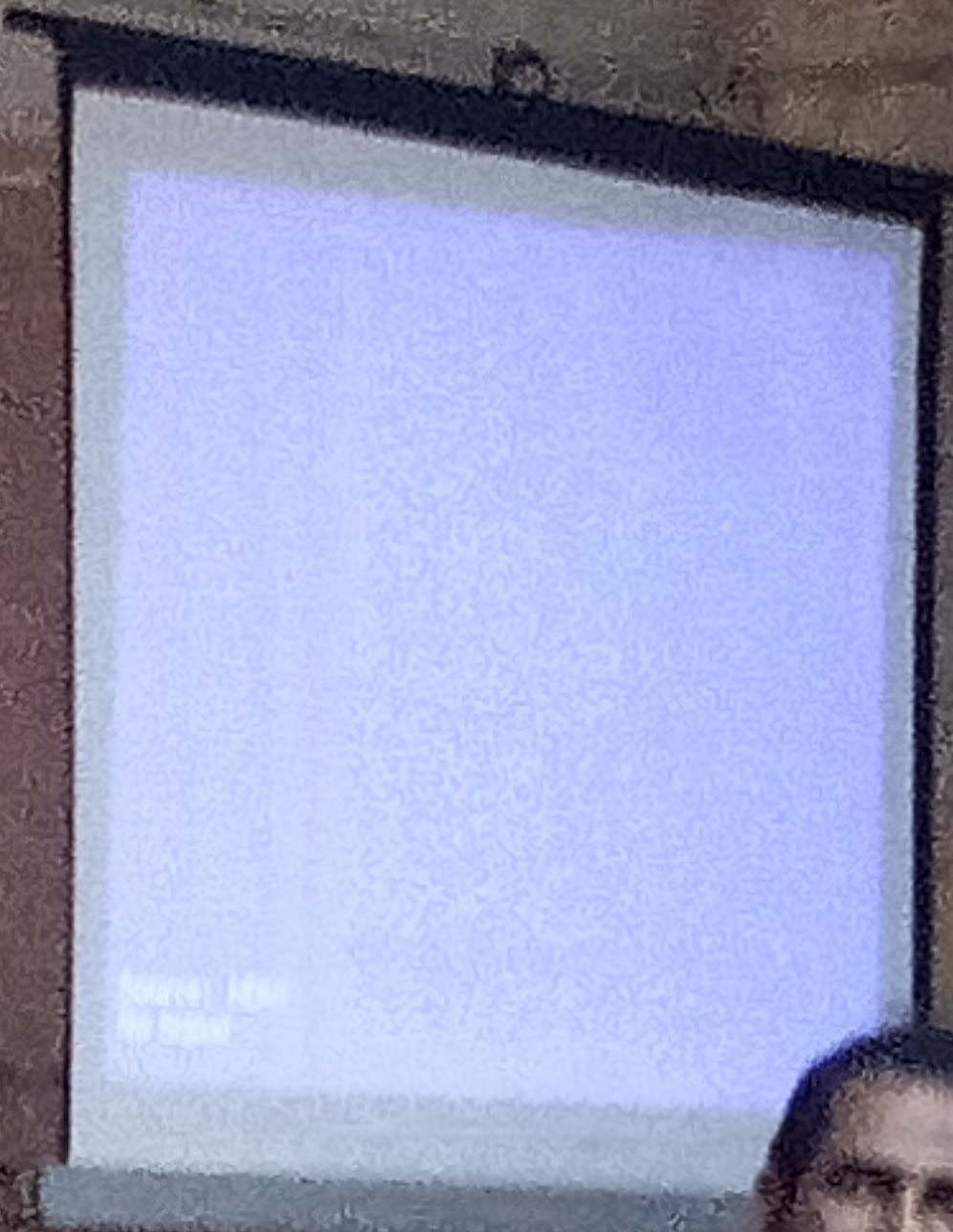
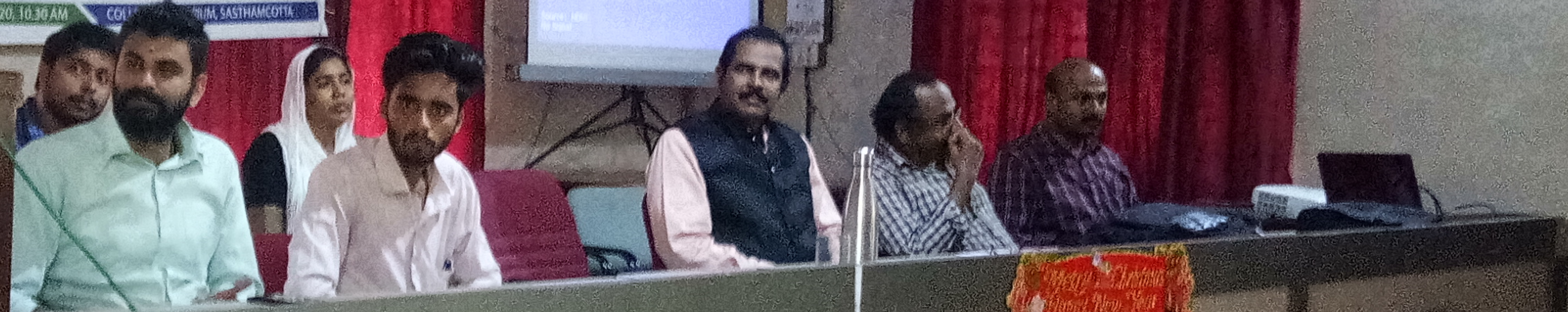




K. S. M. D. B COLLEGE, SASTHAMCOTTA
COMMUNITY & HEALTH ACTIVITY CLUB
in Association with
NATIONAL HEALTH MISSION - KOLLAM
THEME BASED AWARENESS & EDUCATION PROGRAMME
ON PALLIATIVE CARE
3rd JANUARY 2020, 10.30 AM COLLEGE AUDITORIUM, SASTHAMCOTTA

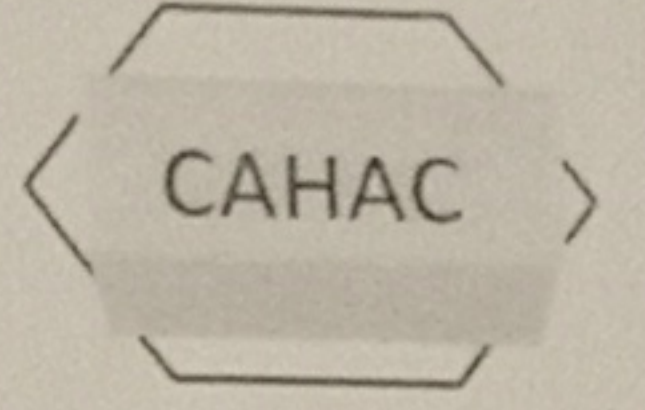




K. S. M. D. B.
COMMUNITY
NATIONAL
THEME BASED AWARDS
JANUARY 2020, 10

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- 2020





KSMDB COLLEGE SASTHAMCOTTA

COMMUNITY AND HEALTH ACTIVITY CLUB

This is to inform you that we are organizing the inauguration of Community and Health Activity Club (2019-2020) on 3rd January 2020. As an extension activity of the club, a Theme Based Awareness and Education Programme on Palliative and Geriatric care is also being conducted in association with District Legal Service Authority and National Health Mission, Kollam. All are cordially invited and expect your whole hearted participation for the programme.

Programme Schedule

Time : 10.30 AM

Venue: General Seminar Hall

Prayer

: Devika S. and Arunima S

(Members, Community and Health Activity Club)

Welcome Address

: Dr. Shemeena Basheer N

(Convener, Community and Health Activity Club)

Presidential Address

: Dr. C Unnikrishnan

(Principal)

Inauguration & Keynote Address

: Dr C.R Jayasankar

(Deputy District Medical Officer and Nodal

Officer, Palliative Care Programme, Kollam)

In presence of: Prof. R Arunkumar (Member, Syndicate), **Dr. K. Santhosh** (Member, Academic Council), **Dr. T. Madhu** (Secretary, College Council), **Dr. R. S. Harikumar** (Secretary, PTA), **Dr. P. Geethakrishnan Nair**, (Convener, Clubs and Forums), **Dr. Santhi Jose** (Member, Community and Health Activity Club), **Mr. Amal Surya** (Chairman, College Union)

Vote of thanks

: Dr.Shelma R

(Member, Community and Health Activity Club)



PRINCIPAL
KUMBALATHU SANKUPILLA MEMORIAL DEVASTHANAM BOARD
SASTHAMCOTTA, KOLLAM DIST. KERALA, INDIA - 690519

REPORT OF THE ACTIVITY OF COMMUNITY AND HEALTH ACTIVITY CLUB DURING THE YEAR (2019-20)

Community and Health Activity Club (CAHAC) is one of the various clubs that has been functioning in KSMDB College, Sasthamcotta . This club has been constituted with the aim of extending the service of the students to the outside community.

Convenor: **Dr. Shemeena Basheer N**, Asst. Professor of Physics, KSMDB College,
Sasthamcotta

Members: Dr. Santhi Jose, Asst. Professor of History, KSMDB College, Sasthamcotta

Dr. Shelma.R, Asst. Professor of Chemistry, KSMDB College, Sasthamcotta

Student convener: Meenakshi M S, 2nd BSc Physics

Student members from various departments:

1. Anantha Lekshmi
2. Abhirami
3. Devika S
4. Fathima Nasra
5. Sneha
6. Haritha
7. Parvathy s
8. Sreelekshmi
9. Arunima
10. Meenakshi M.S
11. Vipin
12. Gokul Krishnan
13. Sreejesh M.V
14. Sarath Mohan

15. Sooraj S.S
16. Aromal
17. Abhiram M. S
18. Yedu Krishnan
19. Sujith A Kumar
20. Abhirami V.S
21. Amal Anish
22. Aneera Anil
23. Santhilekshmi P
24. Ajmiya
25. Geethu G.S
26. Adithya
27. Abhirami M
28. Meenu B.S
29. Bhagya
30. Anandalekshmi A.S
31. Parvathi .J
32. Alsaraj
33. Anju
34. Resmi
35. Arka
36. Abhinav
37. Sonu
38. Nandhu
39. Nikhil Krishnan
40. Muhammad Ajmal
41. Ayisha M
42. Aparna Das

43. Amal S
44. Ajmal A.N
45. Suraj R
46. Nandu Ravi
47. Aiswarya krishnan
48. Anjali P
49. Suramya S
50. Umar UIFarook S
51. Adarsh R
52. Sreelekshmi S
53. Arun R
54. Anandhukrishnan K
55. Sreelekshmi T
56. Arathy T Pillai
57. Surys Das V.S

The activities of the club during the year 2019-20 was inaugurated by **Dr C.R Jayasankar** (Deputy District Medical Officer and Nodal Officer, Palliative Care Programme, Kollam) at the General Seminar Hall on 3rd January 2020. The programme began at 10:30 am with a prayer song by students (Devika .S and Arunima S). Dr. Shemeena Basheer N, (Convener, CAHAC) addressed the gathering with a warm welcome. About 81 students participated in the programme. It was followed by the Presidential address by the Principal **Dr. C Unnikrishnan** in which he stressed on the importance of extending community based health activities of the students. The Keynote address is given by **Dr C.R Jayasankar and Dr. P. Geethakrishnan Nair** (General Convener, Clubs and Forums), Dr. Santhi Jose (Member, CAHAC), Dr R.S Harikumar (Secretary,PTA) and Amal Surya (Chairman, College Union) offered their felicitations. As an extension activity of the club, a Theme Based Awareness and Education Programme on Palliative and Geriatric care was also conducted in association with District Legal Service Authority And National Health Mission, Kollam. The awareness class is given by Dr. C. R Jayasankar and gave proper guidance for organizing a Students Palliative Care unit in which students from various disciplines join together with their teachers to provide care to the chronically ill and bed ridden patients of the community. This Volunteers training programme helped to develop a social commitment sense of responsibility among students. The programme continued for two hours and ended with Dr. Shelma R (Member,CAHAC) proposing the vote of thanks.