

WALK WITH A SCHOLAR PROGRAMME(WWS)

NEW INITIATIVES IN HIGHER EDUCATION,

Directorate of Collegiate Education

Department of Higher Education

Government of Kerala

ANNUAL REPORT 2018-19

KSM DB COLLEGE SASTHAMCOTTA

MARCH 2019

WWS ACTIVITY REPORT 2018-19

Walk With a Scholar (WWS) programme is a new initiative by Higher Education Department, Government of Kerala envisaged to raise the standard of Higher Education Sector to a world-class level. It is proposed to arrange specialized mentoring programmes for students in the undergraduate courses. This scheme introduces the idea of mentoring and builds on the concept of a *mentor as a guide and friend*. Mentoring is a process where a mentor having greater experience and wisdom guides the mentees to develop both personally and professionally. The WWS scheme aims at giving necessary orientation to needy students, to prepare themselves for employment and give them necessary guidance, motivation and mental support to identify appropriate areas of higher study as well as employment.

The activities for the academic year were planned and charted. Ten members of the permanent teaching faculty were selected as mentors for the sixty students based on their willingness to perform the task. Each internal mentor has to mentor any 6 of these students based on their choice. A list of internal mentors and the students allotted to them are enclosed. Smt Maya P.K Assistant Professor in Economics was appointed as the co-ordinator on 16th January 2019 when Mr Doney Kurian, Assistant Professor in Mathematics the co-ordinator was in a position to take up another employment.

Induction Programmes for Internal mentors

The Induction Programme for the internal mentors are conducted on 14.10.2018. Necessary guidelines were given regarding the conduct of the programme and a writing pad, the pen was distributed to the mentors. Tea, snacks & lunch were also provided.



Internal Mentoring

Mentoring sessions were held at least once every month according to the convenience of the mentees and the mentors. The sessions included different programmes like personal introduction, debates and discussions, seminars, counselling, elocution, PowerPoint presentations on various topics, university result analysis and career guidance.



Mentoring sessions



Feb.25,2019

External Mentoring

A panel of external mentors has been prepared in consultation with the mentees and internal mentors. Eminent personalities who made remarkable contributions in their fields have been included in the panel. We have tried our best to include a variety of topics like personality development, higher studies, creativity, self-motivation etc. in the external mentoring session. Only those experts who have conducted mentoring classes elsewhere and have excellent feedback were invited for this programme. Classes were arranged according to the convenience of the mentees. The mentoring programmes were conducted on Saturdays/ Sundays/Holidays to ensure that the mentees will not miss out on their regular classes. The feedback from the students reveals that they are highly benefitted from these external mentoring sessions. The External Mentoring sessions started in December 2018.

The following External Mentoring Classes were conducted during the year 2018-19:

II YEARS

I. T K SUJITH Cartoonist, Kerala Kaumudi, Thiruvananthapuram External mentoring session on 15.12.2018

Topic: Creative Thinking and Visual Communication



II. Dr SAJITH S J SASI, Assistant Professor in Hindi, S N College Kollam: External mentoring session on 03.02.19

Topic: Mind Power Training

This session contains mind power for success, Health wealth happiness relationships, various group activities, meditation, interactive sessions and Goal setting.



MIND POWER TRAINING



III. SRI.PRAVEEN KUMAR S K, LEADERSHIP TRAINER: External mentoring session on 09.02.19

TOPIC : SELF AWARENESS & LEADERSHIP



Self awareness & leadership



IV.SRI RAJESH MAHESWAR, MEMORY TRAINER, PSYCHOLOGIST: External mentoring session on 17.02.19

TOPIC: MEMORY TRAINING



memory training

YouCam
Feb.17,2019



V.SMT. ANUJA NAIR, LIFE COACH, FOUNDER INNER LIGHT TVM: External mentoring session on 23.02.19

TOPIC: ENHANCE YOUR PERSONAL BRAND VALUE



I YEARS

I. SMT. ANUJA NAIR, LIFE COACH, FOUNDER INNER LIGHT TVM: External mentoring session on 19.01.2019

TOPIC: SELF DISCOVERY WORKSHOP



WWS -Self discovery workshop

YouCam
Feb.09,2019



IL.SRI RAJESH MAHESWAR, MEMORY TRAINER, PSYCHOLOGIST: External mentoring session on 23.01.2019

TOPIC: MEMORY DEVELOPMENT PROGRAMME



ഓർമ്മയുടെ രസതന്ത്രം



III. KIRAN B ANAND, UPSC TRAINER: External mentoring session on 02.02.19

TOPIC: CIVIL SERVICE, GENERAL ADMINISTRATION & CARRIER GUIDANCE



IAS, UPSC Training Class



IV. Dr SAJITH S J SASI, Assistant Professor in Hindi, S N College Kollam External mentoring session on 10.02.19

Topic: Mind Power Training



External mentoring session



V. SRLPRAVEEN KUMAR S K, LEADERSHIP TRAINER External mentoring session on 17.02.19

TOPIC: SELF AWARENESS & LEADERSHIP AND SOFT SKILL MANAGEMENT



MOCK TEST / INTERVIEW/GD

Mock Interviews were conducted for all the second-year students of the programme, Walk with a Scholar. Mr Praveen Kumar S K Interview Trainer with the help of internal mentors conducted the mock Test. He also trained students for interviews (3 hours) and Group Discussion (one hour). Each student was given personal feedback on their mock interview.



STATIONERY KIT

The 60 students of Walk with a Scholar were given notebooks, and pens as part of the stationery kit allotted for the mentees for the academic year 2018-19.



STUDY MATERIALS

The 60 students of Walk with a Scholar were provided study material(Name of Book: Learning How to Fly(APJ ABDUL KALAM & University Assistant Rank File) for the academic year 2018-2019. College Principal Dr K Beena distributed the study material on 20.02.2019. In this occasion Principal also distributed the IAS Kit awarded by an Internal mentor Smt Dhanya SR for one of her old Mentee Ram Pradeep who now studying in the Kariavattom Campus.

Name of Book: Learning How to Fly(APJ ABDUL KALAM & University Assistant Rank File



study materials distribution

YouCam
Feb.20,2019



STATE-LEVEL MOTIVATIONAL CAMP

Our second year Mentee Sreelekshmy BS, BSc Chemistry was attended 3 days State level Motivational Camp conducted from 28.02.2019 to 2.03.2019 at Layola College Sreekaryam.

Difficulties encountered

1. Unavailability & uncertainty of funds for conducting the scheme throughout the year.
2. Absence of students in the external mentoring classes on Saturdays as they prefer special classes, NCC and NSS programmes, Tuition etc.

Observations and Suggestions for improvement

1. Distribution of funds at the opening of the Academic year will increase the efficiency of the Scheme.
2. Guidelines for conducting internal mentoring is mandatory
5. Orientation programmes for internal mentors conducted by the new initiative team will be highly beneficial

Walk With a Scholar (WWS) Programme 2018-19

STATUS OF WWS (As of 25.02.2019)

1.	Name of the College	KSM DB COLLEGE SASTHAMCOTTA	
2.	Name of the Coordinator of WWS Programme	Doney Kurian (June 2018- 15 th Jan 2019) Maya P.K (16 th Jan 2019 onwards)	
3.	The number of students enrolled for WWS Programme for Semester:	30 students from 1 st year 30 students from 2 nd year	
4.	Details of Internal Mentoring sessions engaged as on 25.02.2019	100(10 sessions for one internal mentor)	
	Name of Internal Mentor Department	STUDENTS FOR MENTORING	No of Sessions engaged
(i)	Sreejith A. Assistant Professor in Economics 2 nd Year Internal Mentor	Athulya A	10
		Aparna Raj	
		Pallavi Chandra Babu	
		Maya M	
		Anasuya P.B	
		Athira R	
(ii)	Lisa Pavithran, Assistant Professor in English 2 nd Year Internal Mentor	Anju T Pushpan	10
		Athira S	
		Neha Krishnan	
		Keerthana G Nath	
		Athira M S	
		Athira L	
(iii)	Dr. Shelma R. Assistant Professor in Chemistry 2 nd Year Internal Mentor	Chanchal Jose	10
		Summayya	
		Sreeja Chandran	
		Sreelekshmy B S	
		Arathy S Nair	
		Ananthalekshmi R.S	
(iv)	Dr. Manju M. Assistant Professor in Zoology 2 nd Year Internal Mentor	Sreelekshmy J	10
		Athira S	
		Aneeja S.K	
		Joyen Elgin	
		Akshaya Rajan	
		Arunima Raj	
(v)	Dr. PradeepKumar, Assistant Professor in Commerce 2 nd Year Internal Mentor	Navya Nelson	10
		Shahina	
		Aashly Samuel	
		Akhil A	
		Kasyapasenan.S	
		Vimal M G	

(VI)	Jyothilekshmi T. M Assistant Professor in Sanskrit 1 st Year Internal Mentor	Unnimaya U	10
		Amritha Suresh	
		Neethu A	
		Athulya A	
		Sneha D	
		Rajalekshmi R	
(VII)	Dhanya S. Assistant Professor in Botany 1 st Year Internal Mentor	Sivakami R	10
		Gokul Prasad	
		Kavya Babu	
		Krishna Prasad	
		Pratheeksha P Pillai	
		Muhammed Shan S	
(VIII)	Dr. RemyaG.R. Assistant Professor in Physics 1 st Year Internal Mentor	Jeneesh M S	10
		Harilekshmi J G	
		Akshay S J	
		Keerthana Iyer	
		Megha Raju	
		Radhika V	
(IX)	Dr. ShameenaBasheer N. Assistant Professor in Physics 1 st Year Internal Mentor	Aswathy S	10
		Malu Chandran K S	
		Parvathy B	
		Meenakshy M S	
		Akhila V S	
		Karthika S Kurup	
(X)	Dr. Jayasree Assistant Professor in Hindi 1 st Year Internal Mentor	Muhasina	10
		surya	
		Devi R	
		Nimitha S	
		Anjali P	
		Karthika S	